

FARM MARKET REPORT

Val's Barbeque Returns to the Market

March 3rd, 2015 The Bugle-Observer



Although winter is still hanging on, Val Flewelling's barbeque will be back in operation at the Woodstock Farm and Craft Market on Friday, March 6th.

Hopefully, the cold weather will moderate a bit by Friday, but Val assures me, that after a two month winter break, she will have her menu of juicy sausages and sizzling burgers ready to go under the canopy at the north end of the Market building come what may.

The Market has had a long tradition of sausage and burger barbeques going back to when the Market building was erected in 1991. Over the years, several different vendors have all been successful in attracting a lunch crowd on Friday. Val Flewelling and her family are the latest vendors to keep this feature of the Friday Market Day in operation.

Previous barbeque vendors would also take a winter break after Christmas and usually not return until late March. Val's earlier return will be welcome news to all those looking forward to her selection of sausages and a unique, New Brunswick grown, buffalo burger.

It may come as surprise to know that western buffalo have been raised successfully here in New Brunswick for some years. Buffalos are range animals that do well on grassland pasture and hay year round. They do not have to be feed grain or antibiotics. The meat is lean and rich in protein and iron. It's a healthy choice for a burger at the Market.

Looking ahead, the Farm Market Maple Fest, hosted by Laurie and Roy McLellan, with taffy on snow and a pancake breakfast is scheduled for Saturday, March 28th. Like the rest of us, only more so, Roy and Laurie are looking forward to a break in the weather. They need those above freezing days and below freezing nights to get their maple syrup operation up and running.

One recent, especially early, warm spring, Roy had to go into the woods to find enough snow to bring into the Market for making taffy at the Maple Fest. Not this year! There's bound to be plenty of snow still hanging around by the end of March on which to pour hot syrup to make maple taffy.

Another calendar date note for the members of the Woodstock Farm Market Cooperative; the Annual General Meeting will be held on Sunday, March 22 starting at 3 PM at the Market building.

Market business hours continue the same throughout the winter; 10 AM to 4 PM all week, except on Friday when the Market opens at 8 AM. The Market is closed on Sunday.

Keith Helmuth One of the founders and a longtime member of the Woodstock Farm Market